

## Urban Outreach: A Call for Help

The marvellous work of Urban Outreach continues throughout these uncertain times and they are expecting to reach a point where they will be feeding many thousands of people each week which will be no small feat!

In view of this, Urban Outreach asks whether you would be able to support in any of the following ways:

### Food Donations

Urban Outreach is going to need a huge amount of particular types of food to feed those individuals and families. In particular:

Pasta (500g)	Tinned fish
Tinned Soup	Jars of pasta sauce
Baked Beans	Tinned Pulses
Chopped Tomatoes	Cereal (up to 500g)
Tinned vegetables (Sweetcorn, peas, carrots and potatoes)	UHT Milk
Biscuits	Tea

### Volunteering Opportunities

There is also a huge task in putting together the food parcels ready to transport to communities across the town. If you have time to spare and are willing and able to come down, then Urban Outreach would really appreciate your help and support. This will be happening at **Unit 4 Trinity Retail Park Springfield, Bradford Street, BL2 1HY**. They will be opening the Unit on Mondays, Wednesdays and Fridays between 10am and 4pm in two hourly slots, in order to maintain the safe practices outlined in the government guidelines.

To make this easier please will you contact Urban Outreach to let them know which slot you are wanting to come down for? The time slots for each day are as follows:

10am-12noon, 12noon- 2pm and 2-4pm. There will be a limited number of people at each slot. It is expected that the Unit will open even more as the weeks go on.

If you wanting to be involved then please email [Samuel.bagley@urbanoutreach.co.uk](mailto:Samuel.bagley@urbanoutreach.co.uk). Please feel free to circulate this information among, friends, family members, churches and organisations. The more involved the better!